



6 February 2010 ~ Edition 1 :1 :10

God of wisdom
As we begin the school year
You bring us together as one College community
Parents, students, staff,
From different parishes, backgrounds and nationalities.
With many different talents and gifts to share.
Bless us and the gifts we bring in all that we do
during our time within this Community
Living our lives in loving service of you:
Amen

FROM THE PRINCIPAL

Dear families,
Welcome to a new year at Catholic Regional College Sydenham. I hope that you had a blessed Christmas and a safe and happy New Year.



Our VCE results for 2009 were quite outstanding and I take this opportunity to congratulate each of the graduating classes on their achievements. The first College assembly for the year will be an opportunity to recognise those individuals who excelled and I am pleased to announce that the Dux of the College for 2009 with an ENTER of 97.25 is Cleon Soares. Well done and congratulations to Cleon and his family who supported him throughout his VCE. The top achievers for 2009 were:

SOARES	Cleon	97.25
MANSOUR	Kristy	96.65
BLANCO	Jayden	96.6
NUZZACO	Melinda	96.4
HADID	Simon	96.1
URSINO	Gloria	96.1
BIANCO	Anthony	95.8
GIACOMIN	Rebecca	95.25
WALLACE	Julian	95
ARANZA	Stefanie	94.55
SLATTERY	Breanna	94.3
MORRA	Stephanie	94
AU	Jason	93.6
BUI	Natalie	92.75
JEREMIAH	Alvin	92.1
WILLIAMS	Ashlee	91.75
BABIC	Daniella	91.45
JOSE	Phillip	91
NGUYEN	Michael	90.7
SPITERI	Natalie	90.3

To achieve such results in the VCE required hard work, consistent application and commitment. This commitment includes home study. In Year 11, our students are required to complete 3 hours of home study per night and Year 12 students are required to do 4 hours per night. It is recommended that all students and their families establish a home study timetable for 2010 so as to ensure that these requirements are met.

Our results were exceptionally good. Comparison of results has been a focus of the media in recent days with the launch of the Federal My School website. Families looking up our College will note that there is no data available as the National results reported are for Prep—Year 10. Senior Secondary testing is done at a State level not a Federal level which explains why our data does not appear on the site.

This year we have had a considerable increase in enrolments. The College now has a waiting list of students wishing to enrol. With an increase in student enrolments there must be an increase in staff and I take this opportunity to welcome the following staff to our community:

Paul Mc Guire	Head of Faculty - Science
Frankie Flannigan	English, History and Religious Education
Sandra Carey	Teaching Aide
Allister Hill	Outdoor Education, Health, HPE
Damian Veltri	Head of Faculty- Humanities & Commerce
Greg Steptowe	Teacher of Program Support
Tanja Smith	Outdoor Education, Health, HPE
Steven Woolmer	Mathematics & Accounting
Luke Cahill	IT and Business Management
Elliot Gorham	Wood and Art
Kristy Charles	Health and PE
Mike McHugh	Biology, RE and Mathematics

This year we have appointed a full time Psychologist to the College. Cindy Racolini is available to assist and work with both students and parents.

The College is also introducing a number of new subjects with in the VET area. These include Retail Baking, Sign Writing and Picture Framing. The College has recruited professionals in these respective fields to train students undertaking these subjects in our new Trade Training Centre which will open in Term 2. I welcome to the College:

Rocco Siciliano	Picture Framing
Craig Mc Farlane	Signage
Peter Haber	Baking

We have also decided to employ staff to manage our cafeteria instead of contracting the facility out to an external company. The new menu is included in this newsletter. This will provide the College with greater input with regards menus and food offered. The new cafeteria staff employed by the College are:

Lorraine Bryant	Cafeteria Manager
Belinda Orsini	Cafeteria and Bakery
Jill Ferguson	Cafeteria

I welcome all staff and our 422 new students on behalf of the community and wish them every success for 2010. I know they will find CRC to be a welcoming and friendly Catholic community, just as I have. May all staff and students enjoy a year of hard work and commitment to their chosen pathway at Catholic Regional College Sydenham.

Yours faithfully

Brendan J Watson OAM
Principal

Meet the Tutor Evenings

Connectedness with the College and support of your child's education can be enhanced by your attendance at the Meet the Tutor evenings. Our expectation is that all parents will be in attendance at these important gatherings.

The Year 12 evening is this Thursday 4 February and the Year 11 evening is on Tuesday 9 February. Both evenings commence at 7.00 pm. Cluster Co-ordinators and Tutors will welcome you in the following locations.

Bradman	Hall
Dunlop	Theatre
MacKillop	Library
O'Shane	Cafeteria
Winton	Rooms D3 & D4

Introducing our new Psychologist—Cindy Racolini

Hello everyone. Firstly, I'd like to thank the staff for such a warm welcome into the CRC Sydenham community and trust that all students and their families will share in my experience of feeling so warmly welcomed. As the College Psychologist, it is my role to provide psychological support and guidance to individual members of the college community, with particular emphasis on student support. I can assist students with a wide range of issues such as stress management, problem solving, relationship/family issues, sleep disturbance, coping strategies, anxiety and depression and any other matters relating to mental health. All students are encouraged to make an appointment with me if they have any concerns they wish to discuss. My office is located in the Student Services area. Parents/guardians are also welcome to contact me to discuss any concerns relating to their child's welfare. I can be contacted by calling the College office. I look forward to getting to know you all and working with the College community to support students to reach their full potential. Warmest Regards, Cindy Racolini.



Yr. 12 Parent Invitation ~ Dr. Michael Carr – Gregg Afternoon

An invitation is extended to all parents of Year 12 students to join us at the college on Wednesday 17 February from 1.45 pm to 3.00 pm when Dr. Michael Carr-Gregg will address all Year 12 students.



This is an excellent opportunity for our Year 12 students to benefit from the expertise of one of the countries leading adolescent psychologists. He will present information and insights with regard to balancing the demands of the final year of secondary schooling with emphasis on maintaining mental and physical health as students set and achieve their own study goals. Support and understanding from family is a crucial element in achieving Year 12 goals and Michael will share parental insights and practical advice to provide a supportive home environment throughout the challenges of Year 12.

To all bus travellers and their parents

The obligation our students have if travelling by any public transport is to:

- ◆ Have a valid ticket and concession card.
- ◆ Behave in a responsible manner, being seated at all times and not distracting the driver.
- ◆ Not use bad language.
- ◆ Not throw things around the bus or out of the window.
- ◆ To get on and off the bus in an orderly fashion.
- ◆ Remember that when they are wearing the College uniform they are representing the College and are easily identifiable.

This year we will have one Bacchus Marsh Coach, three Sita buses and one Kastoria bus. The Bacchus Marsh Coach is for students who live in Bacchus Marsh or Darley areas. These students take priority. Where seats allow Year 12 West Melton students may board this bus as it does a pickup and drop off at CRC Melton.

Two Sita buses go to Mac's hotel in Melton. The third Sita bus for West Melton does a drop off and pick up at CRC Melton in the mornings, it leaves CRC Melton at approximately 8.05 am. The Kastoria bus travels via CRC North Keilor. I will organise student ID cards for each of the buses so that every student knows what bus to catch. Students who choose not to behave in the above manner will be banned from using this form of transport. All bus companies have the College's support in this regard.

If you have any queries please contact Alison Mahoney at the College.

As a College we endeavour to ensure that buses are booked each week to suit the College schedule. However, we cannot be responsible for the buses if they are running late. Certainly if that occurs I will speak to the company concerned but I ask you as parents to also convey your concerns directly to the bus company.

School Photographs

School photographs will take place next **Thursday 11 February**. All students will be photographed for ID cards, regardless of whether they are placing an order. Each student has been given an order envelope which must be returned next Thursday with the correct payment. The office and canteen are unable to give change.

Students are to wear full, neat summer uniform (no ties) but we ask that blazers be worn. If it is a very hot day then blazers will just be worn for the photograph. A roster will be published when each tutor group is to be photographed. Students must be on time.



The New CRC Cafeteria Menu - 2010

Sandwiches

Ham	3.20
Salami	3.20
Tuna	3.50
Fresh Chicken	3.50
Cheese	3.00
Vegemite	2.00
Egg and Lettuce	3.00
Salad	3.20
Ham and Salad	4.00
Chicken and Salad	4.00
Cheese and Tomato	3.50
Ham, Cheese & Tomato	3.90

Hot Food

Steamed Dim Sims	1.00
Hot Dog	2.50
Pie/Pastie	3.90
Sausage Roll	3.00
Hash Brown	1.00
Lasagne	4.00
Fish – grilled	3.50
Chicken Schnitzel Burger	4.80
Homemade Soup - <i>winter</i>	5.00
Egg & Bacon Roll	3.50
Egg & Bacon Sandwich	3.20
Egg & Bacon Muffin	3.00
Fried Rice	4.00
Croissants – filled	4.00

Extras

Avocado	.60
Cheese	.50
Coleslaw	1.00
Pineapple	.60
Pickle/chutney/mayonnaise/mustard	.20
Roll	.60
Toasting	.40

Vegetarian

Lasagne	4.00
Fried Rice	4.00
Pastizzi	1.00
Vegetarian Burger	3.80

Gourmet Wraps & Focccias

½ Wrap	3.00
Full Wrap	5.00
Focccacia	5.00

Fresh Fruit	1.50
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Salads

Greek	3.50
Pasta	4.50
Fruit	4.00

Cakes

Assorted <i>from</i>	2.00
Croissants – plain	3.00

Croissants – with jam	3.20
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Drinks

Water - Pump	3.20
Orange Juice	2.60
Milk	3.30
Sparkling Water	2.60
Mt Franklin	2.50

Breakfast Available

Cereal & Milk, Yogurt, Fruit Toast, Egg & Bacon Muffin, Hash Brown

COMMUNITY NEWS



EFM Health Club at CRC Sydenham

3 Free Trial Sessions
Monthly memberships
Personalised Fitness Coaching
Yoga
Massage

Personal Training Available-3x30min sessions for \$60

1st Birthday January - February 2010 Special Birthday offer.

5 weeks for \$25

No Lock In Contracts

*Mum sessions Tuesday and Thursday 9 - 10am

Sunbury United Junior Rugby League Club

Rugby League and Girls Tag competitions
Registration and Pre-season Training Nights
Tuesday 2nd and Thursday 4th March, 5:30pm
Langama Park, Mitchell's Lane, Sunbury.
Boys and Girls aged 5 – 18

All new players welcome, especially players 11, 14, 15, 16 and 17 years old, no experience necessary.

Qualified coaches, state representative players, and close association with Melbourne Storm U20's players.

<http://sunburyjnr.leaguenet.com.au>



Catholic Regional College Sydenham 2010 New Staff Members

Pictured from left to right ~ Back Row ~ Allister Hill, Luke Cahill, Mike McHugh, Elliot Gorham, Steven Woolmer, Damian Veltri, Lorraine Bryant, Craig McFarlane, Greg Steptowe, Front Row ~ Frankie Flanagan, Jill Ferguson, Kristy Charles, Tanya Smith, Cindy Racolini, Paul McGuire, Peter Haber and Rocco Siciliano.

Absent : Belinda Orsini

LOOKING AHEAD

Important Dates

Tuesday 9 Feb	Awards Assembly Parents' Association Meeting 7.30—9.30 pm
Wednesday 10 Feb	Year 11 Wellbeing Afternoon All Year 11 students to attend. Year 11 students will be dismissed at 3.30 pm
Thursday 11 Feb	Student photos

Important Dates

Monday 15 Feb	SACCSS Golf
Wednesday 17 Feb	Dr. Michael Carr-Gregg 1.45 pm—3.00 pm
Friday 19 Feb	Opening Mass